

Psalm 103

JPS [\[Online\]](#)

Bless the LORD, O My Soul

¹[A Psalm] of David. Bless the LORD, O my soul; And all that is within me, bless His holy name.

²Bless the LORD, O my soul, And forget not all His benefits;

³Who forgiveth all thine iniquity; Who healeth all Thy diseases;

⁴Who redeemeth Thy life from the pit; Who encompasseth thee with lovingkindness and tender mercies;

⁵Who satisfieth thine old age with good things; So that Thy youth is renewed like the eagle.

- 6**The LORD executeth righteousness, And acts of justice for all that are oppressed.
- 7**He made known His ways unto Moses, His doings unto the children of Israel.
- 8**The LORD is full of compassion and gracious, Slow to anger, and plenteous in mercy.
- 9**He will not always contend; Neither will He keep His anger for ever.
- 10**He hath not dealt with us after our sins, Nor requited us according to our iniquities.
- 11**For as the heaven is high above the earth, So great is His mercy toward them that fear Him.
- 12**As far as the east is from the west, So far hath He removed our transgressions from us.
- 13**Like as a father hath compassion upon his children, So hath the LORD compassion upon them that fear Him.
- 14**For He knoweth our frame; He remembereth that we are dust.
- 15**As for man, his days are as grass; As a flower of the field, so he flourisheth.
- 16**For the wind passeth over it, and it is gone; And the place thereof knoweth it no more.
- 17**But the mercy of the LORD is from everlasting to everlasting upon them that fear Him, And His righteousness unto children's children;
- 18**To such as keep His covenant, And to those that remember His precepts to do them.
- 19**The LORD hath established His throne in the heavens; And His kingdom ruleth over all.
- 20**Bless the LORD, ye angels of His, Ye mighty in strength, that fulfil His word, Harkening unto the voice of His word.
- 21**Bless the LORD, all ye His hosts; Ye ministers of His, that do His pleasure.
- 22**Bless the LORD, all ye His works, In all places of His dominion; Bless the LORD, O my soul.