

Psalm 124

JPS [\[Online\]](#)

Our Help Is in the Name of the LORD

¹A Song of Ascents; of David. 'If it had not been the LORD who was for us', Let Israel now say;

²If it had not been the LORD who was for us, When men rose up against us,

³Then they had swallowed us up alive, When their wrath was kindled against us;

⁴Then the waters had overwhelmed us, The stream had gone over our soul;

⁵Then the proud waters Had gone over our soul.'

⁶Blessed be the LORD, Who hath not given us as a prey to their teeth.

⁷Our soul is escaped as a bird out of the snare of the fowlers; The snare is broken, and we are escaped.

⁸Our help is in the name of the LORD, Who made heaven and earth.