

Psalm 40

JPS [\[Online\]](#)

I Waited Patiently for the LORD

(Psalm 70:1–5; Hebrews 10:1–18)

1For the Leader. A Psalm of David. I waited patiently for the LORD; And He inclined unto me, and heard my cry.

2He brought me up also out of the tumultuous pit, out of the miry clay; And He set my feet upon a rock, He established my goings.

3And He hath put a new song in my mouth, even praise unto our God; Many shall see, and fear, And shall trust in the LORD.

4Happy is the man that hath made the LORD his trust, And hath not turned unto the arrogant, nor unto such as fall away treacherously.

5Many things hast Thou done, O LORD my God, Even Thy wonderful works, and Thy thoughts toward us; There is none to be compared unto Thee! If I would declare and speak of them, They are more than can be told.

6Sacrifice and meal-offering Thou hast no delight in; Mine ears hast Thou opened; Burnt-offering and sin-offering hast Thou not required.

7Then said I: 'Lo, I am come With the roll of a book which is prescribed for me;

8I delight to do Thy will, O my God; Yea, Thy law is in my inmost parts.'

9I have preached righteousness in the great congregation, Lo, I did not refrain my lips; O LORD, Thou knowest.

10I have not hid Thy righteousness within my heart; I have declared Thy faithfulness and Thy salvation; I have not concealed Thy mercy and Thy truth from the great congregation.

11Thou, O LORD, wilt not withhold Thy compassions from me; Let Thy mercy and Thy truth continually preserve me.

12For innumerable evils have compassed me about, Mine iniquities have overtaken me, so that I am not able to look up; They are more than the hairs of my head, and my heart hath failed me.

13Be pleased, O LORD, to deliver me; O LORD, make haste to help me.

14Let them be ashamed and abashed together That seek after my soul to sweep it away; Let them be turned backward and brought to confusion That delight in my hurt.

15Let them be appalled by reason of their shame That say unto me: 'Aha, aha.'

16Let all those that seek Thee rejoice and be glad in Thee; Let such as love Thy salvation say continually: 'The LORD be magnified.'

17But, as for me, that am poor and needy, The Lord will account it unto me; Thou art my help and my deliverer; O my God, tarry not.