

# Psalm 57

JPS [\[Online\]](#)

## **In You My Soul Takes Refuge**

(1 Samuel 22:1–5; Psalm 108:1–13; Psalm 142:1–7)

<sup>1</sup>For the Leader; Al-tashheth. [A Psalm] of David; Michtam; when he fled from Saul, in the cave. Be gracious unto me, O God, be gracious unto me, For in Thee hath my soul taken refuge; Yea, in the shadow of Thy wings will I take refuge, Until calamities be overpast.

**2**I will cry unto God Most high; Unto God that accomplisheth it for me.

**3**He will send from heaven, and save me, When he that would swallow me up taunteth, Selah God shall send forth His mercy and His truth.

**4**My soul is among lions, I do lie down among them that are aflame; Even the sons of men, whose teeth are spears and arrows, And their tongue a sharp sword.

**5**Be Thou exalted, O God, above the heavens; Thy glory be above all the earth.

**6**They have prepared a net for my steps, My soul is bowed down; They have digged a pit before me, They are fallen into the midst thereof themselves. Selah

**7**My heart is stedfast, O God, my heart is stedfast; I will sing, yea, I will sing praises.

**8**Awake, my glory; awake, psaltery and harp; I will awake the dawn.

**9**I will give thanks unto Thee, O Lord, among the peoples; I will sing praises unto Thee among the nations.

**10**For Thy mercy is great unto the heavens, And Thy truth unto the skies.

**11**Be Thou exalted, O God, above the heavens; Thy glory be above all the earth.