

Psalm 90

JPS [\[Online\]](#)

BOOK IV Psalms 90–106

From Everlasting to Everlasting

- 1**A Prayer of Moses the man of God. Lord, Thou hast been our dwelling-place in all generations.
- 2**Before the mountains were brought forth, Or ever Thou hadst formed the earth and the world, Even from everlasting to everlasting, Thou art God.
- 3**Thou turnest man to contrition; And sayest: 'Return, ye children of men.'
- 4**For a thousand years in Thy sight Are but as yesterday when it is past, And as a watch in the night.
- 5**Thou carriest them away as with a flood; they are as a sleep; In the morning they are like grass which groweth up.
- 6**In the morning it flourisheth, and groweth up; In the evening it is cut down, and withereth.
- 7**For we are consumed in Thine anger, And by Thy wrath are we hurried away.
- 8**Thou hast set our iniquities before Thee, Our secret sins in the light of Thy countenance.
- 9**For all our days are passed away in Thy wrath; We bring our years to an end as a tale that is told.
- 10**The days of our years are threescore years and ten, Or even by reason of strength fourscore years; Yet is their pride but travail and vanity; For it is speedily gone, and we fly away.
- 11**Who knoweth the power of Thine anger, And Thy wrath according to the fear that is due unto Thee?
- 12**So teach us to number our days, That we may get us a heart of wisdom.
- 13**Return, O LORD; how long? And let it repent Thee concerning Thy servants.
- 14**O satisfy us in the morning with Thy mercy; That we may rejoice and be glad all our days.
- 15**Make us glad according to the days wherein Thou hast afflicted us, According to the years wherein we have seen evil.
- 16**Let Thy work appear unto Thy servants, And Thy glory upon their children.
- 17**And let the graciousness of the Lord our God be upon us; Establish Thou also upon us the work of our hands; Yea, the work of our hands establish Thou it.