

Psalm 91

JPS [\[Online\]](#)

You Are My Refuge and My Fortress

¹O thou that dwellest in the covert of the Most High, And abidest in the shadow of the Almighty;

²I will say of the LORD, who is my refuge and my fortress, My God, in whom I trust,

- 3**That He will deliver thee from the snare of the fowler, And from the noisome pestilence.
- 4**He will cover thee with His pinions, And under His wings shalt thou take refuge; His truth is a shield and a buckler.
- 5**Thou shalt not be afraid of the terror by night, Nor of the arrow that flieth by day;
- 6**Of the pestilence that walketh in darkness, Nor of the destruction that wasteth at noonday.
- 7**A thousand may fall at Thy side, And ten thousand at Thy right hand; It shall not come nigh thee.
- 8**Only with thine eyes shalt thou behold, And see the recompense of the wicked.
- 9**For thou hast made the LORD who is my refuge, Even the Most High, thy habitation.
- 10**There shall no evil befall thee, Neither shall any plague come nigh thy tent.
- 11**For He will give His angels charge over thee, To keep thee in all thy ways.
- 12**They shall bear thee upon their hands, Lest thou dash thy foot against a stone.
- 13**Thou shalt tread upon the lion and asp; The young lion and the serpent shalt thou trample under feet.
- 14**Because he hath set his love upon Me, therefore will I deliver him; I will set him on high, because he hath known My name.
- 15**He shall call upon Me, and I will answer him; I will be with him in trouble; I will rescue him, and bring him to honour.
- 16**With long life will I satisfy him, And make Him to behold My salvation.'